

## Competition Team 2023-2024

This schedule details Sunday training sessions for all levels, as well as seminars/events (green), competitions (blue), and days off (red).

Intermediate, Advanced and Elite level athletes also have Tuesday evening training on all Tuesdays when the dojo is open for classes.

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### September 2023

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*Int./Adv./Elite athletes: Tuesday evening training begins on Tuesday, September 12!*

**Sunday, Sept. 10** Saifa Kata Seminar

*Returning Novice/Intermediate athletes please attend*

**Tuesday, Sept. 12** Normal Schedule

**Tuesday, Sept. 19** Normal Schedule

**Sunday, Sept. 24** Team Tryouts

*All new + returning team members MUST attend*

**Tuesday, Sept. 26** Normal Schedule

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### October 2023

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**Sunday, Oct. 1** Normal Schedule  
+ Parents Meeting @ 4:30pm

**Sunday, Oct. 8** New York Open  
(Valhalla, NY)

**Sunday, Oct. 15** Normal Schedule

**Sunday, Oct. 22** Normal Schedule

**Sunday, Oct. 29** Normal Schedule

**Tuesday, Oct. 3** Normal Schedule

**Tuesday, Oct. 10** Normal Schedule

**Tuesday, Oct. 17** Normal Schedule

**Tuesday, Oct. 24** Normal Schedule

**Tuesday, Oct. 31** No Team Training  
(Halloween)

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### November 2023

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**Sunday Nov. 5** FIKA International Open  
(West Hempstead, NY)

**Sunday, Nov. 12** Normal Schedule  
[Diwali]

**Sunday, Nov. 19** FULL TEAM TRAINING  
\*\*11:00am-12:30pm\*\*

**Sunday, Nov. 26** No Team Training  
(Thanksgiving Weekend)

**Tuesday, Nov. 7** Normal Schedule

**Tuesday, Nov. 14** Normal Schedule

**Tuesday, Nov. 21** Normal Schedule

**Tuesday, Nov. 28** Normal Schedule

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### December 2023

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**Sunday, Dec. 3** Normal Schedule

**Sunday, Dec. 10** FULL TEAM TRAINING  
\*\*2:30pm-4:00pm\*\*

**Tuesday, Dec. 5** Normal Schedule

**Tuesday, Dec. 12** Normal Schedule

## Competition Team 2023-2024

<b>Sunday, Dec. 17</b>	FULL TEAM TRAINING **2:30pm-4:00pm**	<b>Tuesday, Dec. 19</b>	Normal Schedule
<b>Sunday, Dec. 24</b>	No Team Training <i>[Christmas Eve]</i>	<b>Tuesday, Dec. 26</b>	No Team Training <i>[Holiday Break]</i>
<b>Sunday, Dec. 31</b>	No Team Training <i>[New Year's Eve]</i>		

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### January 2024

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<b>Sunday, Jan. 7</b>	Normal Schedule	<b>Tuesday, Jan. 2</b>	Normal Schedule
<b>Sunday, Jan. 14</b>	No Team Training <i>[MLK Day]</i> <i>*Private Lessons Available!*</i>	<b>Tuesday, Jan. 9</b>	Normal Schedule
<b>Sunday, Jan. 21</b>	FULL TEAM TRAINING **11:00am-12:30pm**	<b>Tuesday, Jan. 16</b>	Normal Schedule
<b>Sunday, Jan. 28</b>	Schedule TBD <i>(Sensei Ben OOT)</i>	<b>Tuesday, Jan. 23</b>	Normal Schedule
		<b>Tuesday, Jan. 30</b>	Normal Schedule

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### February 2023

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<b>Sunday, Feb. 4</b>	Normal Schedule	<b>Tuesday, Feb. 6</b>	Normal Schedule
<b>Sunday, Feb. 11</b>	Normal Schedule	<b>Tuesday, Feb. 13</b>	Normal Schedule
<b>Sunday, Feb. 18</b>	Garden State Championship <i>(Long Branch, NJ)</i>	<b>Tuesday, Feb. 20</b>	No Team Training <i>[Mid-Winter Break]</i>
<b>Sunday, Feb. 25</b>	No Team Training <i>[Mid-Winter Break]</i>	<b>Tuesday, Feb. 27</b>	Normal Schedule

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### March 2023

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<b>Sunday, Mar. 3</b>	Normal Schedule	<b>Tuesday, Mar. 5</b>	Normal Schedule
<b>Sunday, Mar. 10</b>	JIC / USA Open Prep **11:30am – 1:30pm** FULL TEAM TRAINING **2:00pm – 3:00pm **	<b>Tuesday, Mar. 12</b>	Normal Schedule
<b>Saturday, March 16</b> Edge Martial Arts In-Dojo Tournament <i>(Dobbs Ferry, NY)</i>			
<b>Sunday, Mar. 17</b>	EGN Open (Harlem, NY) JIC / USA Open Prep **Schedule TBD**	<b>Tuesday, Mar. 19</b>	Normal Schedule

## Competition Team 2023-2024

**Sunday, Mar. 24** JIC / USA Open Prep  
\*\*1:00pm – 3:00pm \*\*  
No Team Training  
*[Spring Break]*

**Tuesday, Mar. 26** No Team Training  
*[Spring Break]*

**Thursday, March 28 – Sunday, March 31**  
Junior International Cup & USA Open (*Las Vegas, NV*)

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### April 2023

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<b>Sunday, Apr. 7</b>	Normal Schedule	<b>Tuesday, Apr. 2</b>	Normal Schedule
<b>Sunday, Apr. 14</b>	Normal Schedule	<b>Tuesday, Apr. 9</b>	Normal Schedule
<b>Sunday, Apr. 21</b>	FULL TEAM TRAINING **11:00am-12:30pm**	<b>Tuesday, Apr. 16</b>	Normal Schedule
<b>Sunday, Apr. 28</b>	Schedule TBD ( <i>Sensei Ben OOT</i> )	<b>Tuesday, Apr. 23</b>	No Team Training <i>[Passover]</i>
		<b>Tuesday, Apr. 30</b>	Normal Schedule

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### May 2023

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<b>Sunday, May 5</b>	FULL TEAM TRAINING **2:30pm-4:00pm**	<b>Tuesday, May 7</b>	Normal Schedule
<b>Sunday, May 12</b>	Normal Schedule	<b>Tuesday, May 14</b>	Normal Schedule
<b>Sunday, May 19</b>	AAU New Jersey ( <i>Hopatcong, NJ</i> )	<b>Tuesday, May 21</b>	Normal Schedule
<b>Sunday, May 26</b>	No Team Training <i>[Memorial Day Weekend]</i>	<b>Tuesday, May 28</b>	Normal Schedule

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### June 2023

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<b>Sunday, Jun. 2</b>	AKR Open (Houston, TX)	<b>Tuesday, Jun. 4</b>	Nationals Prep
<b>Sunday, Jun. 9</b>	FULL TEAM TRAINING ( <i>Last Day of "Regular" Season</i> ) **12:00pm – 1:00pm ** Nationals Prep **1:00pm – 3:00pm**	<b>Tuesday, Jun. 11</b>	Nationals Prep <i>[Shavuot]</i>
<b>Sunday, Jun. 16</b>	Nationals Prep **1:00pm – 3:00pm **	<b>Tuesday, Jun. 18</b>	Nationals Prep

**Saturday, June 22 — Sunday, June 23**  
Nationals Training Camp